

Scott Reid, MP
House of Commons
Ottawa, ON
K1A 0A6

Name: _____

Address (If rural, please include 911 locator #): _____

Town: _____

Postal Code: _____

HOW TO FOLD & MAIL:

For your privacy, detach this survey and fold in half with the addressed side facing out. Then simply staple or tape it shut and mail it. **No postage is necessary.**

Fold Here For Privacy
Staple or Tape Shut

Annual Report: Constituency Services

Using defibrillators and CPR to save lives in rural Ontario: A Ten-year Report Card

The main difference between rural Ontario (including small towns) and big cities is, of course, that in rural areas, people are more spread-out.

This has important health care implications. When people live far apart, even the best-run ambulance service can't get to where it is needed without time-lags that result in unnecessary deaths. This is particularly true for fatal cardiac arrests, which are often preventable—but only if you get prompt, proper care.

So I've made it my goal to put in place the medical equipment and the First Aid training necessary to save as many lives as possible.

To do this, I have partnered with the ACT Foundation (www.actfoundation.ca), a charitable organization dedicated to preventing deaths from cardiac arrest through CPR training, and greater distribution of defibrillators.

25 Defibrillators, and counting. Over the past ten years, in partnership with the ACT Foundation, I've been able to distribute 25 defibrillators across our riding. As well, we've been able to institute life-saving CPR

training and defibrillator training programs at all ten high schools in the riding.

The map on the other side of this page shows where defibrillators have been distributed and where the CPR/AED training takes place.

What is a defibrillator, anyway?

A defibrillator is a portable device that prevents cardiac arrest by automatically diagnosing cardiac arrhythmias (also known as “fibrillations”) and treating them through the application of electrical charges which allow the heart to reestablish its normal rhythm. In the absence of defibrillation, arrhythmias often lead to fatal cardiac arrest.

...and how does CPR work?

Cardiopulmonary resuscitation (CPR) is a First-Aid procedure which is used to keep alive a person in cardiac arrest, to keep them alive until a defibrillator can be brought to the scene and used to revive the victim.

Where the money comes from—remember that MP pay raise?

Back in 2001, MPs voted themselves a \$20,000-per-year raise. I voted against the raise, since the \$109,000 we were paid **before** the raise seemed pretty generous.

Later the same summer, I conducted a “constituency referendum”—a survey, sent to

every house in the riding (this was the old riding of Lanark-Carleton, so only constituents from Lanark County will remember this), asking whether I should return the money to the government, or donate it each year to a local cause. Over 3,000 constituents returned their mail-in ballots to me, and of these, over 80% said I should give the money to a local cause.

Unexpectedly, many ballots included specific suggestions as to how to use the money. The one that made the most sense to me came from pointed out that in rural areas, it takes a long time for ambulances to arrive, and victims of cardiac arrest/“heart attack” are unlikely to survive the delay. So I have been donating to this cause every year since then.

After ten years, it adds up.... \$254,000 so far.

The amount of the MP pay raise from 2001 keeps on increasing, thanks to a “hidden escalator.” (At first, the raise was worth \$20,000 per year, but by 2010, it had increased to \$24,074.) I've donated all of it: a total of \$254,458 between 2001 and 2011.

A quarter-million dollars sounds like a lot, but as I noted earlier, we MPs are paid very, very generously. And I can honestly say, no activity that I've undertaken as an MP, has brought me greater satisfaction, than this project.

SCOTT REID'S

Annual Report to Constituents

Fiscal Year 2009/10

Dear Constituent,

Each year I send you an Annual Report so you can evaluate how I'm doing as your representative in Ottawa.

This year I have also included a report on my "Canadian Heartland" rural Heart Health initiative, which is now ten years old.

Since 2001, I have been purchasing and distributing *Automated External Defibrillators (AEDs)* to public facilities across our riding, and paying for high school students to be trained to use this equipment, and also to learn *Cardiopulmonary Resuscitation (CPR)* to save the lives of heart attack victims. Since this is something I've been working on now for an entire decade, it's time to give you a progress report.

Sincerely,

Scott Reid, MP
Lanark-Frontenac-Lennox & Addington

Email me: reids@parl.gc.ca



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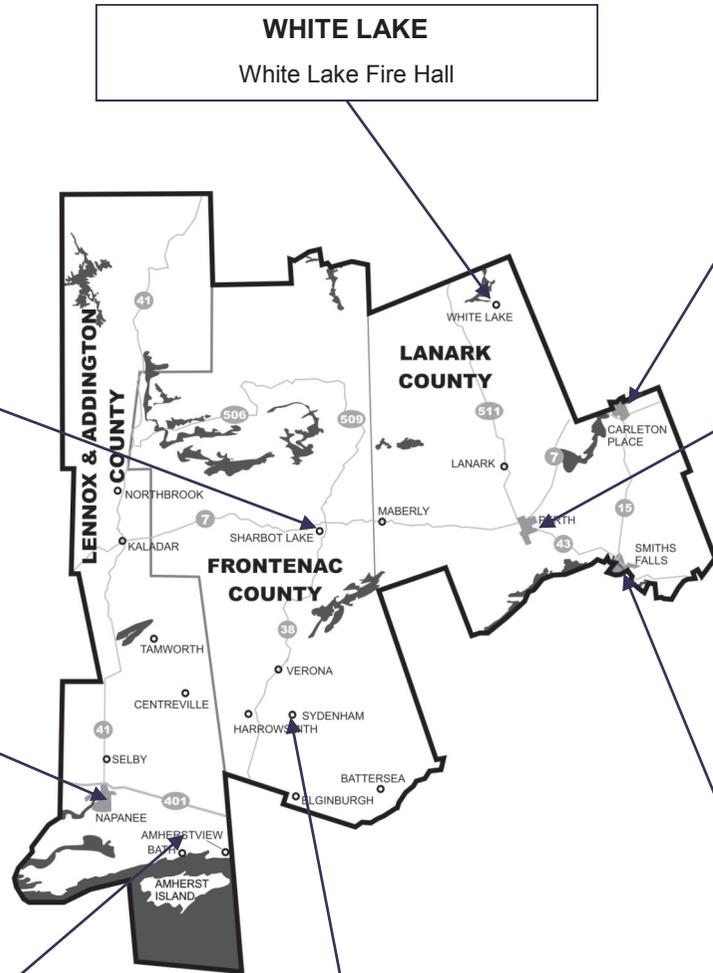
Around the Riding:

Here are the areas currently served by defibrillators and CPR training I sponsored.



SHARBOT LAKE

Sharbot Lake High School



WHITE LAKE

White Lake Fire Hall

CARLETON PLACE

Carleton Place Arena
Carleton Place High School
Notre Dame Catholic High School

PERTH

Perth Safe Communities
All 4 Police Cars in the Perth Police Dept.
Perth District Collegiate Institute
St. John Catholic High School

NAPANEE

Napanee District Secondary School

ERNESTOWN

Ernestown Secondary School

SYDENHAM

Sydenham High School



CARLETON PLACE

Carleton Place Arena
Carleton Place High School
Notre Dame Catholic High School



SMITHS FALLS

All 8 Police Cars in the SF Police Dept.
Smiths Falls District Collegiate Institute
St. Luke Catholic High School

Annual Report: Financial Report

OPERATING BUDGET FISCAL YEAR 2009-2010

This report outlines the money spent by the office of Scott Reid during the fiscal year ending March 31, 2010. As well, it compares the total to the average for all MP offices for the same fiscal year.

"Member's Office Budget" plus goods & services provided by the House of Commons	MP Average (2009/10)	Scott Reid (2009/10)
Staff Salaries and Service Contracts	\$216,929	\$262,006
Travel	\$107,090	\$5,909
Hospitality and Events	\$5,098	\$0
Advertising	\$16,341	\$0
Printing	\$50,128	\$53,423
Office Leases	\$27,428	\$33,440
Office Supplies and Equipment	\$20,260	\$12,818
Telecommunication Services	\$16,571	\$19,462
Other	\$3,166	\$4,263
Total Spending	\$463,010	\$391,322

Annual Survey:

- YES! Scott Reid is doing a good job of representing me.
- NO! Scott Reid is NOT doing a good job of representing me.

Rate the Harper Government!

- YES! The Harper government is doing a good job of representing me.
- NO! The Harper government is NOT doing a good job of representing me.

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Cut Along this Line